

When I was a kid, pulling my cello in a little red wagon to and from elementary school, absorbing the sounds of Bach, Brahms and the 60's, I dreamed of someday doing something wild, something beautiful, personal, and unique with the cello. I formed my first bands in high school and college, acoustic folk-type groups initially, culminating in a progressive rock band with horns and strings, The Modern Fur-Bearing Orchestra. It was during this period that I first met Paul Winter. Shortly thereafter, I began studying classical music in earnest. As a student, I was devoted to the traditional repertoire for cello, which led me on a path all over the world for the next five years. It was then that Paul invited me to join the Consort, which was a great opportunity to again explore my fascination with musical composition and improvisation.

While my first album, *New Friend*, is a collection of freely improvised duets with keyboardist Paul Halley, *Arms Around You* is an album for a large band. There are up to 30 cello parts on some tracks, my voice (a personal "scat" style and lyrics on two songs), some very exciting percussion, bass, sax, French horn, and keyboards.

Some albums are produced under pressure in slick studios with high hourly rates. Arms Around You was recorded over the course of a winter at the Living Music Studio on Paul Winter's farm in New England. A slick studio it is not ... in fact, our original album cover suggestion was a photo of our musical tribe carrying in armloads of firewood for the wood stove. Many overdubs, were done in overcoats and fingerless gloves, but on the positive side there were no pressures and no clocks. We were free to just do our work.

Producer/engineer, Glen Kolotkin, and I worked from September to April. We spent hundreds of hours together as the seasons changed around us. Glen cooked some outrageous feasts in the kitchen while keeping the heat up under the project with his intense enthusiasm and engineering brilliance.

Of the many inspiring encounters with extraordinary musicians in the course of creating *Arms Around You*, I must single out Ted Moore for his versatile drumming, patience, and support; Paul Wertico, from the Pat Metheny Group, for adding such excitement and sweep in four amazing days of overdubs; Paul Halley, who shares composition credits, for his thoughtful and large-minded musical sense; and Paul Winter who was always there to focus the vision and distill our musical values.

Arms Around You is music for the sake of music. It's inspired by my love for my children, whitewater rafting, the challenge of choosing values in a materialistic world, and mostly, the joy and satisfaction of expressing in music this adventure of living.

It's with humility and pleasure that I offer our Arms Around You.

Elgere Juise

1. TRUFFLES Eugene Friesen, Paul Halley (Onegin Music, BMI;
Back Alley Music, ASCAP)
Eugene Friesen/cellos, voice
Paul Halley/piano, synthesizer
Gordon Johnson/bass
Glen Velez/triangle,bass drum
Ted Moore/drums, shaker
Paul Wertico/cymbals
David Blamires/high voice

2. ARMS AROUND YOU Eugene Friesen (Onegin Music, BMI)
Eugene Friesen/cellos, voice
Paul Halley/piano, synthesizer
Gordon Johnson/bass
Glen Velez/percussion
Ted Moore/drums, gong, shaker
Paul Wertico/cymbals
David Blamires/high voice

3. WHITEWATER Eugene Friesen
(for Margie Gillis)
(Onegin Music, BMI)
(melody based on Appalachian Christmas
lullaby, "Jesus Born in Beth'ny")
Eugene Friesen/cellos, piano, voice
Paul Halley/synthesizer
Gordon Johnson/bass, Chapman stick
Ted Moore/drums, shakers, congas
Paul Wertico/cymbals

4. ZOE Eugene Friesen, Paul Halley: Lyrics by Nora J. Percival (Onegin Music, BMI; Back Alley Music, ASCAP) Eugene Friesen/cellos, voice Paul Halley/piano, synthesizer Gordon Johnson/bass

5. MADRIGAL Paul Halley
(Back Alley Music, ASCAP)
Eugene Friesen/cellos, voice
Paul Halley/piano, synthesizer
Gordon Johnson/bass
Glen Velez/mbiras, shakers, wood drum,
jaw harp, triangle
Ted Moore/drums, ride cymbal
Paul Wertico/cymbals

6. REMEMBERING YOU Eugene Friesen,
Paul Halley
(Onegin Music, BMI; Back Alley Music,
ASCAP)
Eugene Friesen/cello
Paul Halley/piano, synthesizer
Gordon Johnson/bass

7. NUNS IN CUBA Eugene Friesen
(Onegin Music, BMI)
Eugene Friesen/cellos, voice
Paul Sullivan/piano
Gordon Johnson/bass
Glen Velez/percussion
Ted Moore/percussion, congas
Paul Wertico/drums

8. NIGHT GLIDER Eugene Friesen,
Paul Halley
(Onegin Music, BMI; Back Alley Music,
ASCAP)
Eugene Friesen/cello
Paul Halley/piano, synthesizer
Gordon Johnson/bass
Paul Wertico/percussion

9. RIVER MUSIC Eugene Friesen
(Onegin Music, BMI)
Eugene Friesen/cellos, voice
Paul Halley/piano, synthesizer
Russ Landau/bass
Ted Moore/shaker, ride cymbal, drums
Paul Wertico/cymbals
John Clark/French horn
Paul Winter/soprano saxophone

ARMS AROUND YOU

A greeting, parting, face to face, is sweeter with an embrace,
And looking at the world view
I choose
Arms around you

When you can love it is true, The global village is you.

We wrap our arms around you
Together arms around you
Together arms around you
I wrap my arms around you

ZOE

Come to me Zoe
With stars in your eyes,
moon shining down
from a clear midnight sky.
Come to me Zoe,
come rest your head,
now is the time
to go to bed.
Now is the time
rest your head.

Zoe, baby, I love you.

Though I don't always show it so well
I love you more than I ever can tell.

Come to me Zoe
with the sun in your heart,
bring me your love
teach me your art.
Come to me Zoe,
come rest your head,
now is the time
to go to bed.
Now is the time
rest your head.

ARMS AROUND...

Paul Winter, a most attentive gardener of music, for the gift of roots and wings, with love and thanks for ten years of collaboration.

Glen Kolotkin, our master chef in the studio as well as the kitchen, for early and unfaltering support of this music.

Paul Halley, co-creator of much of this music, for thoughtfulness, nobility and all the nuances in between.

Ted Moore, for the important things in life: friendship and drumming.

Barry Lopez, for the title: Arms Around You.

Gordon Johnson, for songful, propelling bass parts.

Paul Wertico, for adding sweep and sparkle with amazingly lyrical cymbal work.

Glen Velez, for the wizard's touch.

My daughters Anna James (four) and Zoe (one), for inspiring the music and dancing to the rough mixes.

Nora J. Percival, who shines her light on all life, for taking music in as a member of our family.

Robert J. Lurtsema, for the title: Night Glider.

Thanks to Christina Andersen, Wendell Berry, Chris Brown, Bob Cato, Bruce Coleman, Kathy Cowles, David Darling, Bob Gatson & the Creative Drum Shop, Ann Hansen, Ned Hearn, Les Kahn, David LaChapelle, Rhonda Larson, Radhika Miller, Dave Santoro, John Schaefer, Steven Shmerler, Paul Sullivan, Joylielle Sum, Suzy Walworth, Max Weaner and the Zealous Cellists.

Dedicated to my father Dietrich Friesen, musician. 1914-1988

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ASSOCIATE PRODUCER: Paul Halley.
ASSISTANT PRODUCERS: Ted Moore,
Russ Landau and Paul Wertico.
Recorded and Mixed by Glen Kolotkin
at Living Music Studio, Litchfield,
Connecticut. Assisted by Tom Lewis.
The piano on Whitewater was recorded
at Radio City Music Hall by Chris
Brown. Mastered by Sonomaster,
Stuttgart, under supervision of Mark
Levinson, utilizing equipment made by

Cello Ltd. Synthesizer
programming by Russ Landau
except on Remembering You by

Tom Lewis. Steinway piano by Clinton Piano, New Haven, Connecticut. Paul Wertico plays Paiste Cymbals. Gordon Johnson plays LaBella Strings and Modulus Basses.

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Design by Upstream Design, Jami Spittler. Photography by John Scarlata.

For concerts contact: Living Music 203•567•8796

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